

FOOD FESTIVAL

By Aspens

Autumn/Winter 2023/2024:
4/9, 25/9, 16/10, 13/11, 4/12, 8/1, 29/1

LUNCH WEEK 1 MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN EVENT	Chicken & Vegetable Meatballs in Tomato Sauce with Pasta Twirlers	Mild Chicken Curry with Whole Grain Rice	Sausages with Mashed Potatoes and Gravy	BBQ Drizzle Pizza with Baked Potato Wedges	Golden Fish Fingers or Salmon Fingers with Chips
MEAT - FREE MAGIC Vegetarian Dish	Sweet Chilli Vegetable Stir Fry with Whole Grain Rice	Cheesy Broccoli Pasta Bake	Homemade Cheese and Leek Sausages with Mashed Potatoes and Gravy	Tarka Dhal Curry (Veggie Lentil Curry) with Whole Grain Rice	Pizza Margherita with Chips
RAINBOW ALLEY Vegetables and Salads	Mixed Salad	Green Beans	Broccoli	Peas	Baked Beans
PASTA TWIRLER Topped Pasta		<i>Daily salad bowl and freshly baked bread available every day</i>	Hot Pasta topped with Homemade Tomato Sauce		
BIG TOPPING Filled Jacket		Crispy Skin Jacket Potatoes with Cheese or Beans			
PICK AND MIX	Freshly filled sandwich or roll, healthy snack, home bake dessert & cut fruit				
DESSERT TROLLEY Pudding	Toffee Sponge and Custard	Jelly & Fruit Slices	Tropical Pineapple Crumble and Custard	Orange Cookie	Vanilla Ice Cream





FOOD FESTIVAL

By Aspens

Autumn/Winter 2023/2024:
11/9, 27/10, 23/10, 20/11, 11/12, 15/1, 5/2

LUNCH MENU

WEEK 2



MAIN EVENT

MONDAY
All Day Breakfast
Brunch
Sausage, Egg, Hash
Brown and Beans

TUESDAY
Pizza Margherita
with Baked Potato
Wedges

WEDNESDAY
Minced Beef and
Onion Pie with Mash

THURSDAY
Chicken
Chow Mein
(Noodles)

FRIDAY
Golden Fish
Fingers
with Chips



MEAT-FREE MAGIC

Vegetarian Dish

All Day Veggie
Breakfast Brunch
Veggie Sausage, Egg,
Hash Brown and
Beans

Golden Vegetable
Fingers with Baked
Potato Wedges

Super Veggie Pie
Vegetable, Lentil and
Onion Pie with Mash

Mexican Bean Wrap
with Whole Grain Rice

Cheesy Sweetcorn
Pizza
with Chips



RAINBOW ALLEY

Vegetables and Salads

Baked Beans

Green Salad

Carrots

Sweetcorn

Baked Beans



PASTA TWIRLER

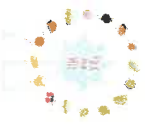
Topped Pasta

BIG TOPPING

Filled Jacket

Daily salad bowl and freshly baked bread available every day
Hot Pasta topped with Homemade Tomato Sauce

Crispy Skin Jacket Potatoes
with Cheese or Beans



PICK AND MIX

Pick & Mix Packed Lunch
Freshly filled sandwich or roll, healthy snack, home bake dessert & cut fruit



DESSERT TROLLEY

Pudding

Banana Sponge Cake
and Custard

Jammy Crumble Bars
Apple Crumble and
Custard

Orange
Jelly

Vanilla
Ice Cream

Cut fruit, yoghurt and jelly available every day



FOOD FESTIVAL

BY ASPENS

Autumn/Winter 2023/2024:
18/9, 9/10, 6/11, 27/11, 18/12, 22/1

LUNCH MENU

WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN EVENT	Hot Dog with Baked Potato Wedges	Tomato & Roasted Vegetable Pasta Bake	Roast Gammon with Roast Potatoes and Gravy	Pizza Day! Veggie Supreme Pizza with Baked Potato Wedges	Golden Fish Fingers with Chips
MEAT-FREE MAGIC Vegetarian Dish	Vegetarian Shepherd's Pie	Mixed Vegetable Korma with Whole Grain Rice	Baked Mac n Cheese	BBQ Drizzle Pizza with Baked Potato Wedges	Golden Vegetable Fingers with Chips
RAINBOW ALLEY Vegetables and Salads	Green Beans	Broccoli	Carrots	Peas	Baked Beans
PASTA TWIRLER Topped Pasta	<i>Daily salad bowl and freshly baked bread available every day</i>				
BIG TOPPING Filled Jacket	<i>Hot Pasta topped with Homemade Tomato Sauce</i>				
PICK AND MIX	Crispy Skin Jacket Potatoes with Cheese or Beans				
DESSERT TROLLEY Pudding	Pick & Mix Packed Lunch Freshly filled sandwich or roll, healthy snack, home bake dessert & cut fruit				
	Watermelon Wedge	Chocolate Crunch and Custard	Oaty Apple Crunch Slice	Strawberry Jelly	Vanilla Ice Cream
	<i>Cut fruit, yoghurt and jelly available every day</i>				

