

Autumn / Winter 2022 / 23
 5/9, 26/9, 17/10, 7/11,
 28/11, 19/12, 9/1, 30/1

What's On The Menu?

MONDAY
 Authentic
 Italian

TUESDAY
 Family
 Faves

WEDNESDAY
 Baking
 British

THURSDAY
 Food
 Festival

FRIDAY
 Fun
 Day



Beef Bolognese
 With Wholegrain
 Penne Pasta, Garlic Bread
 & Green Salad

Cowboy Pie
 Mash topped Sausage &
 Bean Pie
 with Carrots

**Roast Chicken Sage &
 Onion Stuffing**
 Crispy Roasties &
 Fresh Veggies &
 Gravy

**Mild Chilli Beef & Cheese
 Homemade Nachos**
 Oven Baked Potato
 Wedges & Sweetcorn

**Golden Fish
 Fingers (MSC)**
 Choose Salmon or Pollock,
 Chips & Baked Beans



Veggie Bolognese
 With Wholegrain Penne
 Pasta, Garlic Bread &
 Green Salad

Veggie Cowboy Pie
 Mash topped Veggie
 Sausage & Bean Pie
 with Carrots

**Cheese, Veg & Spinach
 Puff Pastry Roll**
 Crispy Roasties &
 Fresh Veggies & Gravy

**Cheese & Veggie
 Homemade Nachos**
 Oven Baked Potato
 Wedges & Sweetcorn

**Crispy Bean &
 Vegetable Fingers**
 Chips



Hot Tomato Pasta
 with or without Grated Cheese on top



Crispy Skin Jacket Potatoes
 Choice of Tasty Toppings



Pick & Mix Packed Lunch
 Freshly filled sandwich or roll, healthy snack, home bake dessert & a piece of fruit



Toffee Apple Slices
 topped with
 Vanilla Ice Cream

**Crispy Chocolate Cornflake
 Cakes**

Golden Syrup Sponge

**Pineapple Upside Down
 Cake**

**Chewy
 Flapjack**

**FOOD
 FESTIVAL**
 By Aspens

AVAILABLE
 EVERY DAY



Homemade Bread, Salad,
 Choice of Fresh Fruit & Yoghurt



**Week
 One**

Autumn / Winter 2022 / 23
 12/9, 3/10, 24/10, 14/11,
 5/12, 26/12, 16/1, 6/2

What's On The Menu?

MONDAY
 Authentic Italian

TUESDAY
 Family Faves

WEDNESDAY
 Backing British

THURSDAY
 Food Festival

FRIDAY
 Fun Day



Meat Free Monday!

Choose either our tasty Margherita Pizza or our Veggie Supreme

Served with Pasta Salad & Mixed Crudites

Classic Beef Burger
 in a Bun with Oven Baked Wedges & Garden Peas

Super Veggie Burger
 in a Bun with Oven Baked Wedges & Garden Peas

Roast Chicken Sage & Onion Stuffing
 Crispy Roasties & Fresh Veggies & Gravy

Veggie Sausage & Root Veg Traybake
 Crispy Roasties, Fresh Veggies & Gravy

Not So Spicy Chicken Tikka Masala
 Wholegrain Rice, Turmeric Carrots & Peas

Creamy Vegetable Korma
 With Wholegrain Rice, Turmeric Carrots & Peas

Golden Fish Fingers (MSC)
 Choose Salmon or Pollock, Chips & Baked Beans

Crispy Bean & Vegetable Fingers
 Chips

Hot Tomato Pasta
 with or without Grated Cheese on top

Crispy Skin Jacket Potatoes
 Choice of Tasty Toppings

Pick & Mix Packed Lunch
 Freshly filled sandwich or roll, healthy snack, home bake dessert & a piece of fruit

Jelly & Fruit Slices

Marble Sponge Cake

Chocolate Brownie

Apple Sponge Cake

Crunchy Vanilla Cookie

FOOD FESTIVAL
 By Aspens

AVAILABLE EVERY DAY



Homemade Bread, Salad, Choice of Fresh Fruit & Yoghurt



Week Two

Autumn / Winter 2022 / 23
19/9, 10/10, 31/10, 21/11,
12/12, 2/1, 23/1, 13/2

What's On The Menu?

MONDAY

Authentic
Italian

TUESDAY

Family
Faves

WEDNESDAY

Backing
British

THURSDAY

Food
Festival

FRIDAY

Fun
Day



The Main
Event



Meat Free
Magic



Pasta
Stop



Jacket
Bar



Packed
Lunch
Station



Dessert
Stop

**Cheese & Tomato Pizza
Melt Baguette**
with Wholegrain Pasta &
Sweetcorn Salad

**Tomato & Mozzarella
Gnocchi Traybake**
with Wholegrain Pasta &
Sweetcorn Salad

Toad in the Hole
with Creamy Mash, Green
Beans & Gravy

Quorn Toad in the Hole
with Creamy Mash, Green
Beans & Gravy

**Roast Chicken & Sage &
Onion Stuffing**
with Crispy Roasties & Fresh
Veggies & Gravy

Quorn Roast
with Crispy Roasties, Fresh
Veggies
& Gravy

**Homemade Chicken
Nuggets**
with Oven Baked Wedges &
Broccoli

**Crunchy Topped
Macaroni Cheese**
with Oven Baked Wedges &
Broccoli

**Golden Fish
Fingers (MSC)**
Choose Salmon or Pollock,
Chips & Baked Beans

**Baked Beans &
Vegetable Fingers**
Chips

Hot Tomato Pasta
with or without Grated Cheese on top

Crispy Skin Jacket Potatoes
Choice of Tasty Toppings

Pick & Mix Packed Lunch
Freshly filled sandwich or roll, healthy snack, home bake dessert & a piece of fruit

Sticky Banana Pudding

Chocolate
Oat Cake

Vanilla Sprinkle Sponge

Apple
Crumble

Shortbread

**FOOD
FESTIVAL**
By Aspens

AVAILABLE
EVERY DAY



Homemade Bread, Salad,
Choice of Fresh Fruit & Yoghurt



Week
Three